



2020 - 2021

Please Note: The (time frames) below indicate studio sanitizing. Class times have been altered slightly to ensure a safe & clean environment.

Please read the "NESD COVID Guidelines" for more info on our protocols.

Monday	Studio A	Studio B	Studio C
	4:00-5:00 - Elementary Ballet - AS 5:00-6:00 - Petite Company Rehearsal (6:00-6:05) AS 6:05-7:05 - Beginner / Intermediate Pointe (7:05-7:10) - KO 7:10-8:10 - Semi Private - KO	4:00-5:00 - Pre-School Ballet/Tap (5:00-5:05) - KO 5:05-6:05 - Primary Ballet/Tap (6:05-6:10) - KO 6:05-7:05 - Semi Private - AS 7:00-8:00 - Nutcracker Rehearsals 6:00-7:00 - Adult Ballet & Fitness (Starting January)	4:00-5:30 - Intermediate Ballet (5:30-5:40) - PP 5:40-7:10 - Advanced Ballet - PP 7:00-8:00 - Adv Pointe & Variations (8:00-8:10) (Partnering TBA) - PP 8:10-9:10 - Semi-Private - AS
Tuesday	A	B	C
	4:00-5:00 - Elementary Tap/Jazz - MY & RB 5:00-6:00 - Elementary Contemporary -RB 6:00-7:00 - Elementary Ballet (7:00-7:05) - MY 7:40-8:40 - Semi Private - MY	10:00-10:30 - Parent/Tot Creative Dance (10:30-10:35) -KL 10:35-11:20 - Adult Barre & Pilates (11:20-11:25) - KL 11:20- 12:05 - Twirling Two's! - KL 4:00-5:00 - Primary Ballet/Tap - RB & MY 5:00-5:30 - Primary Hip Hop (5:30-5:35) MY 5:35-6:05 - Adult Barre & Fitness - MY	3:30-4:30 - "Progressing Ballet Technique" KL 4:30-6:00 - Inter/Adv Ballet - NN 6:00-7:00 - Intermediate Contemporary (7:00-7:10) - RB 7:10-7:40 - Int/Adv Improvisation - RB 7:40-9:10 - Advanced Contemporary - RB
Wednesday	A	B	C
	4:00-5:00 - Elementary Ballet (5:00-5:05) * - AS 5:05-6:35 - Intermediate Ballet * - AS 6:35-7:05 - Intermediate Pointe - AS 7:05-8:05 - Intermediate Tap - HE	3:30-4:00 - Pre-school Fairytale Ballet -KO 6:00-7:00 - Advanced Tap (7:00-7:05) - HE  8:00-8:30 - ALINEA Tap Rehearsal -HE	3:30-4:00 - Int/Adv Floor Barre / Stretch - AS 4:00-6:00 - Advanced Ballet/Pointe (6:00-6:10) - KO 6:10-7:10 - ALINEA Semi-Private - KO 7:10-8:10 - Semi-Private - AS
Thursday	A	B	C
	3:30-4:30 - Intermediate Ballet Technique - AS 4:30-5:30 - ALINEA Technique & Conditioning & Team building - RB 5:30-6:30 - ALINEA 1 Contemporary rehearsal - RB 6:30-7:00 - ALINEA 1 Jazz Rehearsal - NN 7:00-8:00 - ALINEA 1&2 Ballet / Pointe Rehearsals - AS & KO 8:00-9:00 - Semi Private - KO & AS	10:30-11:15 - Twirling Two's! (11:15-11:20) -KL 11:20-12:20 - Adult Barre & Pilates - KL	4:00-5:00 - Advanced Jazz -NN 5:00-6:00 - Intermediate Jazz - NN 6:00-6:30 - ALINEA 2 Jazz Rehearsal - NN 6:30-7:00 - ALINEA 2 Contemporary Rehearsal - RB 7:00-8:00 - ALINEA 1&2 Ballet / Pointe Rehearsals -AS & KO
Friday	A	B	C
	4:30-5:30 - Elementary Hip Hop (5:30-5:35) - MY 5:30-6:00 - Elem/Int Acro (6:00-6:05) - MY 6:00-7:00 - Int/Adv Hip Hop -MY		3:30-4:30 - Int/Adv Ballet & Pointe / Stretch - AS 4:30-8:00 - Nutcracker Rehearsals 3:30-6:00 - Int/Adv Pre-Pro Experience (Beginning January 2021) Includes Ballet/Pointe classes + Variations & Contemporary Repertoire
Saturday	A	B	C
	8:15-9:00 - Parent/Tot Creative Dance! - MY (9:00-9:05) 9:05-10:05 - Pre-School Ballet/Tap - MY (10:05-10:10) 10:05-11:05 - Primary Ballet / Tap - MY		11:30-2:30 - Nutcracker Rehearsals