

Thursday 12/10 - Dress Rehearsal on stage at The Amato Center
56 Mont Vernon Street, Milford, NH

This mandatory rehearsal gives the dancers a chance to practice on stage in costume with lighting, projections and other technical elements before the big day. As we described in the "tickets & safety document," dress rehearsal will be professionally filmed as a back-up for the performance (in case of scenario 3) so be sure to follow the "arrive prepared" section below.

Arrival:

Parents will need to bring their child to the lobby door (pictured below) to check-in & have their temperature taken by a volunteer with a no-touch thermometer. If anyone has a temp of 100 or above they will be dismissed with their parent & asked to seek medical attention. After checking in students will be brought to their assigned area in the lobby for dress rehearsal.



Arrive Prepared:

- **Students must arrive to the theatre wearing their nude leotard, ballet pink tights with no holes or runs & warm-ups with hair & makeup completed.** All that should be left for volunteers to help with is getting their costume, headpiece and shoes on.
- Have clean ballet shoes, makeup for touch-ups, face wipes, bobby pins, mini hairspray, water bottle, backup pair of ballet pink tights and any other necessities. Absolutely no nail polish, fake nails or jewelry is to be worn to dress rehearsal or show day. Intermediate/ Advanced students may wear small diamond, stud earrings.

nude leotard: https://www.amazon.com/Capezio-Camisole-Leotard-Adjustable-8-10/dp/B002R0FH2C/ref=sr_1_5?dchild=1&keywords=nude+leotard+kids&qid=1604441355&sr=8-5

- All Nutcracker costumes will be transported to the theatre by NESD staff and volunteers.
- Dancers who are at dress rehearsal for an extended period should fuel up with a light, nutrient dense meal before- hand and bring a protein or energy bar, lots of water & healthy dry snacks such as almonds or dehydrated fruit. **No junk food or wet food** such a yogurt or smoothies are allowed at any time. A large cover up or warm-ups must be worn while eating or drinking if wearing a costume can't be avoided.

Hair instructions:

Hair should be slicked back in a bun (including bangs) and secured with a hairnet like the first picture below. Use an elastic, bobby pins, gel or hairspray to secure it. All dancers should come to this rehearsal with hair exactly how it is for the show. **Party Girls & Clara** please see the second picture below for half up, half down ringlets done with rollers **the night before**. Baby-dolls please see video below for two buns.



Baby-Dolls see video below:

https://www.youtube.com/watch?v=EbzYjva90l8&t=213s&ab_channel=CenterStageSchooloftheArts

Make-up Instructions:

You will need to apply the following products for **Dress Rehearsal & Show Day** in order for your features to stand out under bright stage lighting:

- a liquid or powder-based foundation
- blush along the cheekbones
- a light base eyeshadow to cover the eyelid with a dark brown shadow to accent at crease.
- Outline the eyes with a black pencil or liquid liner & extend lash line slightly
- Mascara for Primary & Elementary Students & Fake Lashes for Intermediate & up.
- No lipstick will be needed as masks will be worn

- NESD can provide white disposable masks for those who don't have them in time for dress rehearsal. Simple decoration will need to be drawn on the mask for certain roles. We will send example pictures of the masks that need to be decorated with kid friendly instructions by the end of the week. Some Advanced dancers will be asked to get bedazzled masks to match their character.
 - **Attend our VIRTUAL "Ready Set Stage Workshop" on December 5th to learn how to apply your stage makeup, do the perfect bun and other great performance prep ideas! Updates on how to access the virtual workshop and any other changes will be sent this week.**

Dress Rehearsal Schedule

The schedule below overlaps to allow an approximate amount of time for dancers to check in, meet their volunteers, get into costume, warm-up, dance on stage and change back into their normal clothing. Please follow the arrival & dismissal times for your group or lead role below. We try our absolute best to run on time and appreciate your patience!

Set up

12:30-2:30pm – Lay floor, set up Mother Ginger, unload couch, sleigh & thrones & set up dressing room dividers

Arabian, Sugar plum, Nutcracker, Marzipan & Spanish

2:30pm - arrive, warm-up, get into costume

3:00pm - Arabian, Sugar plum, Nutcracker, Marzipan & Spanish (block & film)

Act 1 Introduction - Drosselmeyer, Clara's, Fritz's, Dross Assistant, Mrs. Stahlbaum & Nannies

2:45pm – arrive, warm-up, get into costume

3:30pm – Block & film Act 1 Introduction with Matinee Cast & repeat with Evening Cast

Baby Dolls

4:00pm - check-in, meet volunteers & get into costume

4:30 pm - Babydolls block & film with Drosselmeyer

5:30 pm – Parents of Baby Dolls arrive for pick-up

Gingerbreads & Peppermints + Mother Ginger & Pollichinelles

4:30pm - Check-in, meet volunteers & get into costume

5:00 pm – Block & film

6:30 pm – Parents of Gingerbreads & Peppermints arrive for Pick-up if child is not in other dances

Angels & Chinese Tea + Harpists & Christmas Angel -

5:00 pm – Check-in, meet volunteers & get into costume

5:30 pm – block & film

6:30 pm – Parents of Angels & Chinese Tea arrive for pick up if child is not in other dances

Midnight & Battle Scene

5:30 pm – Check-in, meet volunteers & get into costume

6:00 pm – block & film

7:00 pm – Parents of Battle Scene kids arrive for pickup if child is not in other dances

Party scene (without Baby Dolls)

6:00 pm - Check-in, meet volunteers & get into costume

6:30 pm – block & film

8:00 pm – Party Scene Parents arrive to pick up if child is not in other dances

Pas de Deux & Snow Scene

6:15 pm – check-in, warm-up & get into costume

6:45 pm – block & film

Meet & Greet, Russian, Flowers, Finale & leads bows

All students should be previously checked-in and ready to go in costume

7:15 – Block & Film

Final Check out & Pick up – 9:00pm

Dismissal:

At pick-up time all parents & dancers will need to check-out before leaving.

Sunday 12/20 - Performance Day at The Amato Center
56 Mont Vernon Street, Milford, NH

All dancers must arrive prepared as they did for dress rehearsal.

12:30 pm – Check-in for all Intermediate & Advanced Dancers & Volunteers

1:15 pm – Check-in for all Primary & Elementary Dancers

2:00 pm – **Matinee Show**

Break in between shows: All dancers will stay in their assigned groups during the break to rest, re-set, change & warm-up for the next show while the theatre is sanitized. We are keeping dancers backstage in between to avoid unnecessary traffic. Please see the check-in / check-out table if you need to see your child momentarily between shows.

4:00 pm – wash hands & snack

4:30 pm – change & warm-up

5:00 pm – Evening Show

Dancers will be dismissed by level, starting with the Primary dancers after the show. They must be checked out by a parent.